



*C* image421 | photography by cindy cavanagh

Beauty of Motherhood Project





"I guess they're called moments  
because they don't last very long."

-Sarra Manning





“you will never have this day  
with your child again.  
tomorrow, they’ll be a little  
older than they were today.  
this day is a gift.  
breathe and notice.  
smell and touch them;  
study their faces  
and little feet and pay attention.

RELISH THE CHARMS  
of THE PRESENT.

enjoy today, mama.  
it will be over before you know it.”  
~ Jen Hatmaker





## THE BEAUTY OF MOTHERHOOD PROJECT

Quite simply, I just love being a Mum. Motherhood is a challenge but the joys far out way the bad. I know I am not alone in this feeling. Yet, it is something that is hard to express with words. I am not a wordsmith but my passion for photography stems from the fact that I can “say” what I can not write. The same emotions that I cant get right with words are beatifully expressed in photography.

Over the last 6 months, the images that have filled my heart with joy are those that portray the mother-child bond of unconditional love. The beauty of motherhood project is my creative outlet to capture the raw emotions and authetic feelings of motherhood.





## THE BEAUTY OF MOTHERHOOD PROJECT

### Session Information:

Our portrait session will be relaxed and simple. Our desire for these sessions is to capture the love and bond between you and your children.

Time: 30-45 minutes

Location: Your home or your favourite place to play

What to wear: Coordinated colours, simple and comfortable clothing with pops of colour from jewellery and accessories.

Props: Simple is best but books, bubbles, balls, and favourite toys are great.





## THE BEAUTY OF MOTHERHOOD

Portrait Collection: You will receive 10 beautifully edited images on USB.

Cost: This is a personal project and I will not charge my regular fee for this session.

Model Release: The images will be used on my website, facebook, and printed to create a gallery for display in an exhibition. By participating in this project, you agree to sign a model release.

